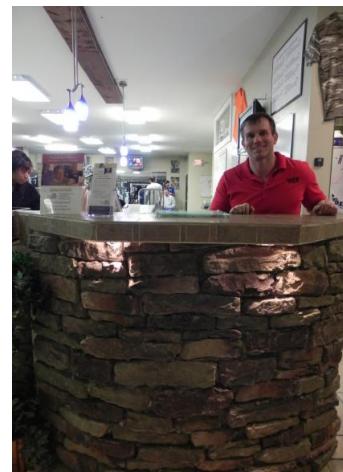


CHIP STEWART

Chip attended North Mecklenburg High School where he played a major role in their wrestling and football team. He continued his education at Davidson College and graduated Cum Laude in 1998. Chip opened his first gym in Statesville, North Carolina in 1998, which attracted his friends who share his passion . . .
POWERLIFTING!



Chip beat the World Power-lifting Record in 2006 with a bench-press of 804.5 pounds in the 242 weight class!

Chip still trains hard and heavy for most lifters, advises clients on diets to achieve their goals, provides personal training and teaches group fitness classes.



LKN Athletic Club is the most recent of five gyms for Chip. The Rock Fitness is our closest sister gym, located in Lincolnton on Hwy 27.



Chip has achieved many goals in his life...and that hasn't slowed him down! World Record Powerlifter, movie star(center in Remember the Titans), bodybuilder, just to mention a few.

Last but certainly not least...devoted and loving son, father and husband! We love you for everything that you do!

Love Paige, Lilli and Angie

